



ELORA GORGE KARATE DOJO

61 Price St
Elora ON N0B 1S0

05.07.2012

July Newsletter

Presentation Day

On Saturday June 23rd, we gathered in the park for Belt presentations. Congratulations to Damian, Ben, Carter, Jordan, Madelyn, Sarah, Brayden, Brendon, Cole, Sheadon, James, Dalton, Kirin, Adrian, Bryon, Colleen, Avery, Brad, MacKenzie, and Tom for grading to your next Kyu Belt. Stripes were awarded to Nicholos, Ewan, Blaire and Natalia. Congratulations also to our newest Sensei, Nathan who received his Shodan and to Sensei Bryce (Nidan) and Sensei Dawn (Sandán) on your new ranks.

Spartan Sprint Team

On Sunday June 24th, a few of our students accepted the challenge of a Spartan Sprint and joined our fellow Meibukan brothers and sisters from Guelph Budokan Centre of Martial Arts, Kitchener-Waterloo Meibukan Centre for Martial Arts and Middlesex Meibukai Glencoe. Congratulations to all members who participated and completed this muddy course.

Canada Day Parade and 5K/10K Fun Run

Several Karate-ka came out to participate in the 5K and 10K Fun Runs, as well as walk through Elora for the Canada Day Parade. Thank you for a great day in the community.

Summer Classes

The summer session started Tuesday July 3rd. Classes will run on Tuesdays and Thursdays. Kids all Belt class from 6:15-7:00pm, Adult class from 7:00-8:00 pm. Students do not have to wear their Gis, just summer clothes, their belt and running shoes please. We will be working on many different areas during summer classes, including weapons training.

Summer Camp July 9th to 13th

Camp will run from 9:00am to 12:00pm, with a picnic in the park on Friday (Pick up 12:45pm). Camp Cost is \$65 per student. This will be a good week of Kata & Weapons training with some fun games mixed in.

Fall Classes

Regular classes will resume after the Labour Day Weekend on Tuesday September 4th.

Thank you,

Sensei Bill Stimpson